



# The Exemplar

March 2022

Dear Friend,

Earlier this month, the global community celebrated International Women's Day (IWD), a day to acknowledge and honor the women and girls around the world who are working to make our future more equitable.

We mark occasions like IWD, as the UN says, to "educate the public on issues of concern, to mobilize political will and resources to address global problems." At Exemplars in Global Health, IWD renews that call to action, which we have taken to heart by amplifying our work in Women's Health. We have done this:

Because we believe Dr. Nyovani Madise of the African Institute for Development Policy, who says that "women's health is a human right."

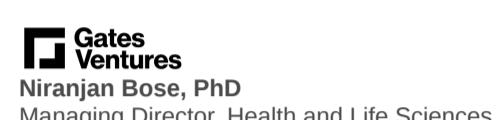
Because we have seen, as Caroline Ngonze of the UN's Education Plus Initiative points out, that in some countries, "where more adolescent girls complete a quality secondary education, HIV infections decrease by 50 percent or more."

Because we know, as Women in Global Health's Senior Fellow Anne Keeling states, that when it comes to universal health care, "no one is safe until everyone is safe."

And perhaps most importantly, because we agree with Dr. Anita Zaidi, Gender Equality Division President at the Bill & Melinda Gates Foundation, who says: "Equal is greater," and "unless we bring a gender intentionality to all of this, those gaps won't close."

If we address, today, the challenges the world's women face, and do our part to improve women's health, education, and political and economic rights, my hope is that a future IWD will exist only to celebrate the achievements of women – and not to generate goodwill to solve problems whose solutions are long overdue.

Best,  
Niranjan Bose



Exemplars in Global Health honors the women and girls around the world who are working to make our future better.

#IWD2022

## FEATURED STORIES & ANALYSIS



### "Women's health, including reproductive health, is a human right."

Read the reflections of Dr. Nyovani Madise of the African Institute for Development Policy on accelerating the achievement of the Sustainable Development Goals in Africa.



### Education: the best way to bridge the equality gap and impact young girls' health

Learn why Caroline Ngonze, Senior Manager of the UN's Education Plus Initiative, believes in the importance of centering secondary education in the conversation about young girls' health and wellbeing, and the social and economic benefits education can bring to a community.



### Building back better: why and how countries can apply a gender lens to accelerate UHC

Why were there growing calls around the world for gender responsive universal health coverage in the wake of the COVID-19 pandemic? Exemplars News examines.

### PHC can save 60 million lives in LMICs by 2030. That's more than the entire population of Kenya. Or Italy. Or Argentina.

Primary health care (PHC) can meet up to 90 percent of a person's health care needs over time. But only 50 percent of the world's population has access to it. Why the disparity? Read more about our research on PHC and sign up to stay connected to PHC findings that show how positive outliers are building the "cornerstone of a sustainable health system for universal health coverage and health-related Sustainable Development Goals."

### It's the second-leading cause of healthy life lost due to disability worldwide. What's being done to address this very dangerous – but also preventable and treatable – condition?

In advance of our forthcoming research on positive outliers in the fight against anemia in women of reproductive age, revisit our available research on a disease that, in 2019, accounted for 50 million years of healthy life lost due to disability.

### 'Well-made statistics,' the best tool to fight newborn mortality: experts

See how centralized prenatal surveillance systems are helping women receive the care they need to reduce the risk for infants in their most vulnerable month of life.

### A COVID strategy that paid off: reaching women with emergency cash

Learn how countries reached their poorest and most vulnerable women with emergency cash transfer programs during the COVID-19 pandemic.

### Costa Rica's health success due to PHC – not because it's a 'crazy, magical place'

Life expectancy tends to track national income closely, but Costa Rica has emerged as an exception – and researchers at Ariadne Labs believe they know why. See how Costa Rica is beating the odds by making public health central to the delivery of medical care.

## EVENTS

### World Health Day 2022 (#WorldHealthDay, #whd2022) April 7, 2022

Amid the pandemic, a polluted planet, and increasing rates of chronic disease, this day will focus global attention on urgent actions needed to keep both humans and our planet healthy by fostering a movement toward well-being.

### World Immunization Week (#WorldImmunizationWeek, #VaccinesWork) April 24-30, 2022

This year's theme, long life for all, seeks to highlight the indiscriminate nature with which vaccines save lives. From the first vaccine for smallpox to those developed to prevent COVID-19, vaccines have paved a path to long life again and again. But there are still challenges to overcome, from inequity and distribution to skepticism.

### World Malaria Day (#WorldMalariaDay, #EndMalaria) April 25, 2022

This day highlights the need for continued investment and sustained political commitment for malaria prevention and control.

Follow us on Twitter @ExemplarsHealth for additional updates, resources, and research, and join the conversation with #Exemplars

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## ABOUT

### Become an Exemplar

Join a passionate and dedicated community of global health leaders working on the biggest challenges of our times. Take advantage of critical learning from countries around the world as you tackle similar problems at home. And, add your knowledge and voice to a robust and growing set of resources designed to ensure the positive and most equitable global health outcomes.

