



Gates Archives

The Exemplar

October 2023

Hi Friend,

Malnutrition still exerts a severe toll on global health and development, particularly for the world's most vulnerable. In 2021, 828 million people were affected by hunger, a key driver of malnutrition, 46 million more than in 2020. But amid these stark statistics, there still exist spoonfuls of comfort.

For example, in 1990, stunting impacted 40% of children under five years old worldwide. Today, it affects 22%.

And in 1990, prevalence of anemia among women of reproductive age of 15 to 49 years old was 30%. By 2010, this figure had dipped slightly to 27%, though currently progress is all but stagnant.

As you can tell, our work is not done. Quite the contrary, we must continue implementing research-backed solutions with quality and scale, as we have seen countries do to address stunting and anemia, to reach those that need it most. Whether it's increasing access to more diverse diets and micronutrient adequacy or improving feeding and care practices and household food security, or addressing infectious disease, there are solutions that have worked in places as diverse as Ethiopia and Peru, Bangladesh and the Kyrgyz Republic. I encourage you to read how [Exemplar countries](#) have addressed access to and improvements in nutrition in their own communities and see how these insights may help you cook up and replicate solutions in your own.

Best,
Niranjan Bose



Niranjan Bose, PhD
Managing Director, Health and Life Sciences

Explore our Profiles in Nutrition series to learn from global health leaders who are working to improve health and nutrition worldwide.

Pooja Pandey Rana,
Suaahara II

Dr. Sisay Sinamo Boltana,
The Seqota Declaration

Nemat Hajejbhoy, UNICEF

EXEMPLARS STORIES

Women's wellbeing is at the center of improving anemia

In the first of a two-part interview, Dr. Zulfiqar Bhutta discusses new Exemplars in Global Health research on anemia in women of reproductive age.

'Healthy children are your scientists of tomorrow'

Following Dr. Zulfiqar Bhutta's interview on anemia, read his thoughts on why stunting remains such a critical issue and how it plays a crucial role in determining the health and wealth of nations.

EVENTS

International Conference on Public Health in Africa (#CPHIA2023) November 27 – 30, 2023

Members from Exemplars in Global Health are excited to host four side events at CPHIA covering topics including early warning systems, primary health care, epidemic preparedness and response, and diagnostics. We'll also share more on a recently launched Executive Education program on implementation research. If you're interested in joining us, please reach out to insights@exemplars.health or look out for the [official conference schedules](#).

Follow us on LinkedIn for additional updates, resources, and research.

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ABOUT

Join Exemplars

We're a passionate and dedicated community of global health leaders working on the biggest challenges of our time. Register to join the conversation.

